



50 years | Founded by Hanshi Richard Kim in 1976

MONDAY_ LUNDI_ MONTAG

Honbu-Dojo		Dojo-dai		
				
# 1	# 2	# 1	# 2	# 3
7:00	Meditation Meijin Chalamon		Chi Kung Kyoshi J.-M. Argant	Tai Chi - Chung Tao Kyoshi Stephan Peitz
7:45				TCM Renshi A. MacMhaoirn
8:00				
9:00				
9:30	KARATE Sochin (Shotokan) > Kata < Kyoshi Stephan Peitz	KARATE Sochin (Shito Ryu) > Basics, Bunkai < Kyoshi J.-M. Argant	TAI CHI CHUAN Long Tao # 1 Sifu Cacciatore Gianni	TAI CHI SHAN (Fan) Sifu Cecilé Estevez
10:30			TAI CHI CHUAN Long Tao # 2 Kyoshi Max Bouton	
10:45	KOBUDO Mae Sato no SAI > Basics, Bunkai < Kyoshi Max Bouton	KOBUDO Chatan Yara No TONFA > Kata < Hanshi Joe Fournier	TAI CHI JIAN (Sword) Vers. Meijin Chalamon Kyoshi J.-M. Argant	Roots of O'Sensei Kim's Shorinji Ryu Hanshi Rod Sanford
11:45			TAI CHI JIAN (Sword) Vers. Clarence Lee Kyoshi Stephan Peitz	
12:00				
13:00				
14:00	KARATE Sochin (Shotokan) > Basics, Bunkai < Kyoshi Stephan Peitz	KARATE Sochin (Shito Ryu) > Kata < Kyoshi J.-M. Argant	TAI CHI CHUAN Long Tao # 1 Sifu Cacciatore Gianni	TAI CHI SHAN (Fan) Sifu Cecilé Estevez
15:30			TAI CHI CHUAN Long Tao # 2 Kyoshi Max Bouton	
16:00	KOBUDO Mae Sato no SAI > Kata < Kyoshi Max Bouton	KOBUDO Chatan Yara No TONFA > Basics, Bunkai < Hanshi Joe Fournier	TAI CHI JIAN (Sword) Vers. Meijin Chalamon Kyoshi J.-M. Argant	Roots of O'Sensei Kim's Shorinji Ryu Hanshi Rod Sanford
17:00			TAI CHI CHUAN Long Tao # 3 Kyoshi Stephan Peitz	
18:00				
19:00				
				

SAI

TONFA

SWORD/EPEE

FAN/ÉVENTAIL

SWORD/ÉPÉE

Ohne Gewähr / Without guarantee / Sans garantie



50 years | Founded by Hanshi Richard Kim in 1976

TUESDAY_ MARDI_ DIENSTAG

Honbu-Dojo



1

2

7:00

Meditation
Meijin Chalamon

7:45

Dojo-dai



1

2

3

Chi Kung
Kyoshi Stephan Peitz

Tai Chi - Chung Tao
Kyoshi Stephan Peitz

TCM
Renshi A. MacMhaoirn

8:00

9:00



9:30

KARATE
Goju Shiho (Oyodamari)
> Basics, Bunkai <
Hanshi Joe Fournier

KARATE
Goju Shiho (Yabu)
> Kata <
Kyoshi Max Bouton

TAI CHI CHUAN
Long Tao # 1
Sifu Cacciatore Gianni

TAI CHI SHAN (Fan)
Sifu Cecilé Estevez

TAI CHI CHUAN
Long Tao # 3
Kyoshi Stephan Peitz

10:30

10:45

KOBUDO
Hama Higa no KAMA
> Kata <
Kyoshi Tapio Korhonen

KOBUDO
Yakaa no SAI
> Basics, Bunkai <
Hanshi Rod Sanford

TAI CHI JIAN (Sword)
Vers. Meijin Chalamon
Kyoshi J.-M. Argant

TAI CHI CHUAN
Long Tao # 2
Kyoshi Max Bouton

TAI CHI JIAN (Sword)
Vers. Clarence Lee
Kyoshi Stephan Peitz

11:45



12:00

13:00



14:00

KARATE
Goju Shiho (Oyodamari)
> Kata <
Hanshi Joe Fournier

KARATE
Goju Shiho (Yabu)
> Basics, Bunkai <
Kyoshi Max Bouton

TAI CHI CHUAN
Long Tao # 1
Sifu Cacciatore Gianni

TAI CHI SHAN (Fan)
Sifu Cecilé Estevez

TAI CHI CHUAN
Long Tao # 3
Kyoshi Stephan Peitz

15:30

16:00

KOBUDO
Hama Higa no KAMA
> Basics, Bunkai <
Kyoshi Tapio Korhonen

KOBUDO
Yakaa no SAI
> Katai <
Hanshi Rod Sanford

TAI CHI JIAN (Sword)
Vers. Meijin Chalamon
Kyoshi J.-M. Argant

TAI CHI CHUAN
Long Tao # 2
Kyoshi Max Bouton

TAI CHI JIAN (Sword)
Vers. Clarence Lee
Kyoshi Stephan Peitz

17:00



18:00

19:00



Meijin Jean Chalamon, 91st birthday



KAMA

SAI

SWORD/EPEE

FAN/ÉVENTAIL

SWORD/ÉPÉE

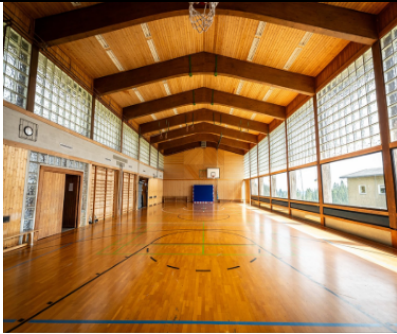
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WEDNESDAY_MERCREDI_MITTWOCH

Honbu-Dojo



1

2

7:00

Meditation

Meijin Chalamon

7:45

Dojo-dai



1

2

3

Chi Kung

Kyoshi J.-M. Argant

Tai Chi - Chung Tao

Kyoshi Stephan Peitz

TCM

Renshi A. MacMhaoirn

8:00

9:00



9:30

KARATE *(only from 5.-8. DAN)*

Aanan

Hanshi Rod Sanford

10:30

Pa Kua

Kyoshi Rick Elliott / Kyoshi Sean Sanford

10:45

KARATE *(only from 5.-8. DAN)*

Aanan

Hanshi Rod Sanford

11:45



Pa Kua

Kyoshi Rick Elliott / Kyoshi Sean Sanford

12:00

13:00



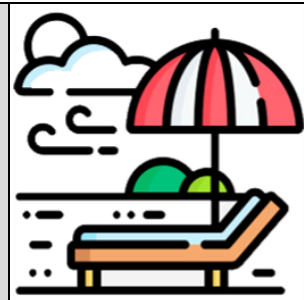
14:00

*The dojo can be used for
free training.*



17:00

The dojo can be used for free training.



18:00

19:00

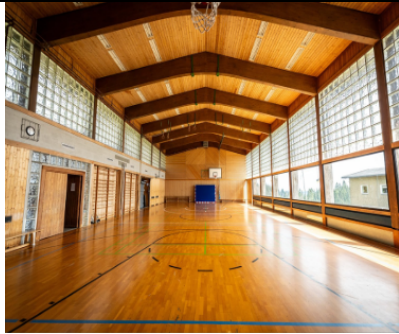




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THURSDAY_ JEUDI_ DONNERSTAG

Honbu-Dojo



1

2

7:00

Meditation
Meijin Chalamon

7:45

Dojo-dai



1

2

3

Chi Kung
Kyoshi Stephan Peitz

Tai Chi - Chung Tao
Kyoshi Stephan Peitz

TCM
Renshi A. MacMhaoirn

8:00

9:00



KARATE
Wanshu (Oyodamari)
Renshi A. MacMhaoirn

KARATE
Patsai (Oyodamari)
> Kata <
Kyoshi Tapio Korhonen

TAI CHI JIAN (Sword)
Vers. Meijin Chalamon
Kyoshi J.-M. Argant

**Roots of O'Sensei Kim's
Shorinji Ryu**
Hanshi Rod Sanford

TAI CHI CHUAN
Long Tao # 3
Kyoshi Stephan Peitz

9:30

10:30

KOBUDO
Noburi Ryu No **TANBO** (with 2)
> Kata <
Kyoshi Stephan Peitz

KOBUDO
Sekiun no **TANTO** (with 1)
> Basics, Bunkai <
Kyoshi J.-M. Argant

TAI CHI CHUAN
Long Tao # 1
Sifu Cacciatore Gianni

TAI CHI SHAN (Fan)
Sifu Cecilé Estevez

TAI CHI CHUAN
Long Tao # 2
Kyoshi Max Bouton

10:45

11:45



12:00

13:00



KARATE
Wanshu (Itosu Anko)
Kyoshi Sean Sanford

KARATE
Patsai (Oyodamari)
> Basics, Bunkai <
Kyoshi Tapio Korhonen

TAI CHI JIAN (Sword)
Vers. Meijin Chalamon
Kyoshi J.-M. Argant

**Roots of O'Sensei Kim's
Shorinji Ryu**
Hanshi Rod Sanford

TAI CHI JIAN (Sword)
Vers. Clarence Lee
Kyoshi Stephan Peitz

14:00

15:30

KOBUDO
Noburi Ryu No **TANBO** (with 2)
> Basics, Bunkai <
Kyoshi Stephan Peitz

KOBUDO
Sekiun no **TANTO** (with 1)
> Kata <
Kyoshi J.-M. Argant

TAI CHI CHUAN
Long Tao # 1
Sifu Cacciatore Gianni

TAI CHI SHAN (Fan)
Sifu Cecilé Estevez

TAI CHI CHUAN
Long Tao # 2
Kyoshi Max Bouton

16:00

17:00



18:00

19:00



TANBO

TANTO

SWORD/EPEE

FAN/ÉVENTAIL

SWORD/ÉPÉE

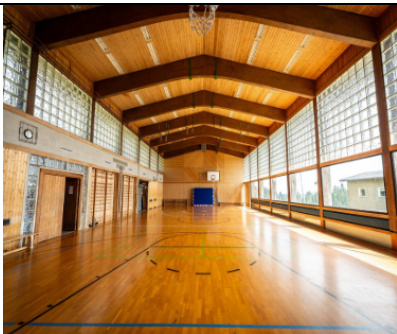
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FRIDAY_VENDREDI_FREITAG

Honbu-Dojo



1

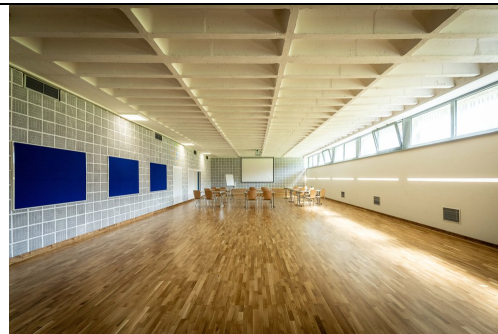
2

7:00

Meditation
Meijin Chalamon

7:45

Dojo-dai



1

2

3

Chi Kung
Kyoshi J.-M. Argant

Tai Chi - Chung Tao
Kyoshi Stephan Peitz

TCM
Renshi A. MacMhaoirn

8:00

9:00



9:30

KARATE
Sanseiru (Miyagi)
> Basics, Bunkai <
Renshi Manuel Estevez

KARATE
Teisho
> Kata <
Kyoshi Josef Blum

TAI CHI CHUAN
Long Tao # 2
Kyoshi Max Bouton

TAI CHI SHAN (Fan)
Sifu Cecilé Estevez

TAI CHI CHUAN
Long Tao # 3
Kyoshi Stephan Peitz

10:30

10:45

KARATE
Sanseiru (Miyagi)
> Kata <
Renshi Manuel Estevez

KARATE
Teisho
> Basics, Bunkai <
Kyoshi Josef Blum

TAI CHI JIAN (Sword)
Vers. Meijin Chalamon
Kyoshi J.-M. Argant

**Roots of O'Sensei Kim's
Shorinji Ryu**
Hanshi Rod Sanford

TAI CHI JIAN (Sword)
Vers. Clarence Lee
Kyoshi Stephan Peitz

11:45



12:00

13:00



14:00

KARATE / KOBUDO
REVISION all Kata
All Sensei

TAI CHI CHUAN / JIAN / SHAN
REVISION all Tao
All Sensei

15:30

16:00



17:00



18:00

19:00



SWORD/EPEE

FAN/ÉVENTAIL

SWORD/ÉPÉE

Ohne Gewähr / Without guarantee / Sans garantie